

Shelter-in-Place Emergency Kit Ideas for Households during COVID-19

Focused on a stay-at-home and wait-it-out situation

- Water – 1 gallon, per person, per day
- Non-perishable food (5-7 day supply)
- Manual Can Opener
- Portable, battery-powered or hand-crank radio
- Battery or hand-crank flashlights
- First Aid kit
- Tools (hammer, screwdriver, saw)
- An indoor-safe heat source
- Duct tape / Heavy Rope
- Water purification tablets
- Sanitation & hygiene items
- Waterproof matches
- Whistle
- Scissors
- Extra clothing, including hats, gloves, shoes
- Medications
- Cell phone with chargers
- Extra batteries
- Baby / Pet supplies
- Important documents in waterproof bag
- Hand sanitizer
- Bar or Liquid soap
- Disinfectant wipes
- Disposable gloves
- Dust masks (N95) and/or 2 face coverings for every household member over 2 years of age



Emergency Go-Bag Ideas for Households during COVID-19

Focused on an evacuation, grab and go bag stuffed with lightweight absolute necessities

- Water**
- Sleeping bag / mylar rescue blanket**
- Non-perishable food (Freeze-dried food pouches)**
- Portable, battery-powered or hand-crank radio**
- Battery or hand-crank flashlights**
- First Aid kit**
- Survival tool kit**
- Duct tape / Heavy Rope**
- Water purification tablets**
- Sanitation & hygiene items**
- Waterproof matches**
- Whistle**
- Scissors**
- Extra clothing, including hats, gloves, shoes**
- Medications**
- Cell phone with chargers**
- Baby / Pet supplies**
- Important documents in a waterproof bag**
- Hand sanitizer**
- Disinfectant wipes**
- Disposable gloves**
- 2 face coverings for every household member over 2 years of age**

